"Gratitude is the most passionate transformative force in cosmos."
~ Sarah Ban Breathnach

“Thanksgiving is a verb, not a noun.”
~ Unknown

"Gratitude is the heart's memory."
~ French proverb

“Gratitude is Groovy!”
~ Doug Gertner, The Grateful Dad

“Gratitude helps you grow and expand; gratitude brings joy and laughter into your life and into the lives of all those around you.”
~ Eileen Caddy

“Appreciation can make a day, even change a life. Your willingness to put it into words is all that is necessary.”
~ Margaret Cousins

“Nothing is more honorable than a grateful heart.”
~ Lucius Annaeus Seneca (c. 4 BCE-65 CE)

“I am thankful at the dawning of each day, and for the strength to make my way.”
~ Doug Gertner, The Grateful Dad

“Gratitude is the sign of noble souls.”
~ Aesop (c. 620-560 BCE)

“Just to be is holy. Just to live is a blessing.”
~ Rabbi Abraham Heschel

“Thank You (Falettinme Be Mice Elf Agin)”
~ Sylvester Stewart, Sly & The Family Stone

“Beware, be aware, be grateful.”
~ Doug Gertner, The Grateful Dad

“Gratitude is free. No chains. No toils.”
~ Andy Quiones

"Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow."
~ Melody Beattie

“Let us be grateful to people who make us happy; they are the charming gardeners who make our souls blossom.”
~ Marcel Proust

“A thousand things went rights today!”
~ Ilan Shamir

“It is not possible to feel gratitude and negativity at the same time.”
~ Sharon Wegscheider-Cruse

“If the only prayer you ever say in your entire life is ‘thank you,’ it will be enough.”
~ Meister Eckhart

“I Want to wake up every morning, with a smile on my face, and tell all the world all the love in my heart.”
~ Carol King

“One of the surest signs of gratitude is laughter. Humor is a great way to turn grattings into gratitude.”
~ Peter McWilliams
"We can only be said to be alive in those moments when our hearts are conscious of our treasures."

~ Thornton Wilder

"Gratitude KILLS!...it kills self-pity, jealous, bitterness, and regret."

~ Marie Forleo

"Be grateful not hateful."

~ Doug Gerter, The Grateful Dad

"It is good to give thanks, for through thanksgiving comes awakening."

~ Rabbi Rami Shapiro

"Gratitude is not only the greatest of virtues, but the parent of all others."

~ Cicero

“In daily life, we must see that it is not happiness that makes us grateful, but gratefulness that makes us happy.”

~ Brother David Steindl-Rast @ www.gratefulness.org

"When eating bamboo sprouts, remember the man who planted them."

~ Chinese proverb

"We can feel gratitude, and even know what we are grateful for, without knowing for sure who or what is the author of our blessings."

~ William Galston

"When a person doesn’t have gratitude, something is missing in his or her humanity. A person can almost be defined by his or her attitude toward gratitude.

~ Elie Weisel Romanian-born, Jewish-American writer, professor, political activist, Nobel Laureate, and Holocaust survivor

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**Thank You**

**In Many Different Languages**

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<thead>
<tr>
<th>Africa</th>
<th>Dankie</th>
<th>Irish</th>
<th>Go raibh maith agat (for one person); Go raibh maith agaibh (for many persons)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Albanian</td>
<td>Faleminderit</td>
<td>Japanese</td>
<td>Dōmo Arigatō</td>
</tr>
<tr>
<td>Bahasa Indonesia / Malay</td>
<td>Terima Kasih</td>
<td>Javanese (Central Java – Indonesia)</td>
<td>Matur Nuwun</td>
</tr>
<tr>
<td>Chinese (Mandarin)</td>
<td>Xie Xie or Xie’ Xie’ Ni</td>
<td>Korean – gahm-sah-hahm-ni-da</td>
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<tr>
<td>Chinese (Hokkien – Taiwan)</td>
<td>Kam Sia</td>
<td>Laos</td>
<td>Khwap jai / Khob chai lai lai</td>
</tr>
<tr>
<td>Danish</td>
<td>Tak</td>
<td>Northern Ireland</td>
<td>Cheers Mate</td>
</tr>
<tr>
<td>Dutch</td>
<td>Dank U</td>
<td>Portuguese</td>
<td>Obrigado / Obrigada</td>
</tr>
<tr>
<td>English</td>
<td>Cheers</td>
<td>Russian</td>
<td>Spasiba</td>
</tr>
<tr>
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<td>Salamat</td>
<td>Scottish Gaelic</td>
<td>Tapadh Leat (tapa lev)</td>
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<tr>
<td>Filipino / Ilocano</td>
<td>Agyamanak</td>
<td>Serbian</td>
<td>Svala</td>
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<td>French</td>
<td>Merci</td>
<td>Slovak</td>
<td>Dakujem</td>
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<tr>
<td>Ghana, West Africa</td>
<td>Medasi</td>
<td>Spanish</td>
<td>Gracias</td>
</tr>
<tr>
<td>German</td>
<td>Danke (Dahnk-uh)</td>
<td>Sundanese (West Java – Indonesia)</td>
<td>Hatur Nuhun</td>
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<tr>
<td>Greek</td>
<td>Efxaristo / Efharisto</td>
<td>Swahili</td>
<td>Asante</td>
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<td>Mahalo</td>
<td>Thai</td>
<td>Khob-kun-ka (if the speaker is a woman); Khob-kun-krub</td>
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<td>Toda</td>
<td>Vietnamese</td>
<td>Cám Ón</td>
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<td>Welsh</td>
<td>Diolch</td>
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<td>Köszönöm</td>
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<td>Italian</td>
<td>Grazie / Molte Grazie</td>
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