



*Developing, Connecting, and
Leveraging People*

REGIONAL INSTITUTE FOR HEALTH AND ENVIRONMENTAL LEADERSHIP



Regional Institute for Health and Environmental Leadership

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www.RIHEL.org

RIHEL is a program of Trailhead Institute
(formerly the Colorado Foundation for Public
Health and the Environment)

<http://trailhead.institute/>



RIHEL is also on Facebook



ADVANCED LEADERSHIP TRAINING PROGRAM

Our Mission

To develop, connect and leverage leaders who work collaboratively in diverse sectors and communities to create and sustain the health and well being of people and the environment.

“Today, the need for leaders is too great to leave their emergence to chance.”

-- “The Future of Public Health”
Institute of Medicine

The Need for Leadership

Traditional paradigms of leadership are no longer effective to solve the current health and environment issues in our very complex social, political and economic situation. The *Advanced Leadership Training Program* focuses on exemplary leadership behaviors and the practice of Collaborative Leadership – how to lead new partnerships toward mutually positive ends.

[WWW.RIHEL.ORG](http://www.RIHEL.org)

About the Advanced Leadership Training Program



Who participates?

Current and emerging leaders who work in the areas of health and environment, or whose work impacts health or the environment. Participants represent the Public, Non-profit, and Private sectors.

PAST ATTENDEES INCLUDE:

- A range from the private sector, including Kodak, Kaiser Permanente, Coors Brewing, Encana, Suncor Energy and Xcel Energy
- EPA Region VIII
- US Army
- National Renewable Energy Lab
- Colorado Department of Public Health and Environment
- New Mexico Department of Health
- Wyoming Department of Environmental Quality
- Wyoming Department of Health
- Numerous county health and environment agencies across CO, NM & WY
- University of Colorado
- and a variety of non-profit organizations

See more about program participants at

www.RIHEL.org

"It was a unique opportunity to network and develop leadership skills that I could use. It was not an add-on to an already busy schedule - it was like a reward!"

C. W., environmental manager,
energy company

What you get

- Nationally recognized faculty
- Understand your leadership behaviors and enhance your leadership skills
- Learn and use the collaborative process to address complex problems
- An interdisciplinary network of expert colleagues
- Coaching training and a peer coach
- Increased capacity to have difficult conversations
- Build your cultural competency
- Systems thinking
- Media training
- And more...



Creative Projects

Use the Program as a living laboratory to practice your leadership skills on a project of your choice. Examples:

- An award-winning bilingual training video for community health workers in New Mexico for patients with diabetes.
- 100% funding commitments for a modern waste disposal system for a low-income urban area with 30% of the community experiencing septic system failures and high hepatitis rates.

"It changed my life by reminding me what I am capable of doing, and inspiring me to do what really matters to me."

S. M., former state health department staff,
now Executive Director of a non-profit

Program Schedule

The annual program has four in-person sessions (3 days each) held at various locations in Colorado, New Mexico, and Wyoming, and work between meetings. The program begins in August and completes in May.

Applications accepted January to April 30.

Details about the program and access to the online application can be found at:

www.RIHEL.org