

# ADVANCED LEADERSHIP TRAINING PROGRAM

## The Need for Leadership

The easy problems have already been solved! There is currently a great need for a new kind of leadership. The challenges to health and the environment have never been greater, and old paradigms of leadership are no longer effective in our very complex social, political and economic milieu. Today's challenges require us to work with new partners. The *Advanced Leadership Training Program* focuses its curriculum on the practice of Collaborative Leadership -- leading partnerships toward mutually positive ends.

"Today, the need for leaders is too great to leave their emergence to chance."

-- "The Future of Public Health"

Institute of Medicine

#### Regional Institute for Health and Environmental Leadership

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### About the Program

The Advanced Leadership Training Program is delivered to approximately 45 health and environment professionals in the Rocky Mountain region annually. The program is designed to enhance the leadership skills of the individual participants, and to create an interdisciplinary network of leaders who are dedicated to the health and the environment of our region. Key program elements:



- A year long program
- Includes four 3-day events held at various locations in Colorado, New Mexico and Wyoming
- Each participant completes a 360 degree assessment of personal leadership practices
- A peer coach is provided to each participant

Topics studied and practiced include:

- Exemplary Leadership Practices
- Collaborative Leadership
- Diversity Assets
- Difficult Conversations
- Peer Coaching
- Intentional Action for Leaders
- Systems Thinking
- Communicating through the Media

The faculty and speakers are nationally recognized experts and are carefully selected for their expertise in the curriculum presented.



# What ALTP Fellows Say You Can Expect to Learn

- "To learn a lot about yourself your potential as a leader and a human being. How to work well with other people in a collaborative manner."
- "To gain confidence move beyond your comfort zone – expand or even discover yourself as a leader."
- "Get an introspective look at how you lead, but also how others lead and succeed, and even fail. Great opportunity to tap into the leadership knowledge of experts as well as those currently in the program."
- "Your strengths, weaknesses, and the power of effective and compassionate leadership. It's different than you think!"
- "Establish amazing connections with extraordinary people."



"Leadership is not just a skill Class of 2008 Fellows that you can learn, but a desire to follow your passion. Expect to be amazed about what leadership skills you already have!!"

 "The defining moment of a leader is not at their 'high point', but when they decided to take the first step."

#### Creative Projects

Participants engage in creative projects during the Program as a living laboratory in which to practice the leadership skills that they would like to enhance. Examples from previous years:

- One fellow developed an award-winning bilingual training video for community health workers in New Mexico. The video used real clinical experiences to train promotoras in proper foot examination techniques for patients with diabetes.
- In a low-income urban area, 30% of the community experienced septic system failures, and hepatitis rates were high. One fellow used the collaborative process and team building skills to secure funding commitments for the creation of a modern waste disposal system for this community.

### Class of 2019 Schedule

The next Program will run July 2018 through May 2019. The session schedule for the Class of 2016 is:

August 8-9-10, 2018	Florissant, CO
October 24-25-26, 2018	Estes Park, CO
January 9-10-11, 2019	Santa Fe, NM
<i>May 8-9-10, 2019</i>	(tbd), Colorado

# How to Apply

Applications will be accepted online beginning January 2018. Applicants submit general information and essays, and upload a resume using the online application system. Applicants must also solicit and receive two recommendations.

Completed applications must be received by April 30, 2018

The tuition is payable upon acceptance into the program. Tuition covers program materials, shared lodging and most meals. Transportation expenses to and from the events are not included. For more details about the program, please visit the *Programs* section of our website:

www.RIHEL.org