

April 16, 2021



**Kari Knutson**

**Professional Speaker, Therapist, Storyteller**

Kari Knutson, M.A. is a professional speaker, therapist, and storyteller. She is an expert in the field of Emotional Intelligence (also known as EQ) and Human Development. Her speaking and training work focuses on helping people transform their organizations through developing interpersonal skills and bridging cultural and communication divides.

Kari's company, Knutson Speaks takes psychology 'off the couch' and brings it to the people. She demystifies concepts in psychology and turns them into clear, tangible, and relevant takeaways that people can use to help improve their personal and professional lives. She does this through her engaging, humor-forward presentations, impactful coaching sessions, and laugh-out-loud storytelling show that she wrote, directed, and performs in called, "Ain't Never Met a Stranger" all about our shared human experience

Kari received her undergraduate degree in Psychology and Philosophy from Cornell College in Iowa. After college, she earned her Master's degree in Higher Education Administration from Appalachian State University in North Carolina. Kari then went on to work in Student Affairs at Harvard Medical School in Boston, Massachusetts. Later, Kari earned her second Master's degree in Counseling from Gallaudet University where she also became fluent in American Sign Language (ASL).

In addition to being a professional speaker, Kari also works as a therapist in a school where she runs social-emotional learning programs for students and specialized leadership training programs for teachers. She brings her emotional intelligence workshops to students and educators in school districts across the Denver metro area.

Kari lives in Denver with her husband, two children, two cats, and five very emotionally intelligent guinea pigs.