

April 21, 2017 ♦ Westminster Recreation Center ♦ Westminster, Colorado

AGENDA

8:00am Registration, Coffee, Networking

8:30am Welcome and Opening Remarks

9:00am *Creating Civility - The Three A's – Awareness, Authentic Conversations, and Accountability*

Deb Center

Colorado Center for Nursing Excellence

Incivility and bullying have escalated to unprecedented levels in our workplace and society causing profound costs to individual and organizational health and resiliency. During this session, Deb will explain the cost of incivility in order to grow leader awareness, ability to hold authentic conversations and build accountability for civility. Participants will practice using several tools essential for creating civility in their personal and professional lives.

noon Lunch and Networking

12:45pm *Working off Stress: Inspiring Healthy Coping Skills through Authentic Practice*

Joshua Scott

Center for Health, Work and Environment

Workplace stress is often cited as the number one factor affecting employee well-being. There are two things that we know for sure: doing something is better than nothing, and doing nothing will perpetuate how employees are feeling --- hopeless. Leaders need to model stress management, and empower others to take action.

2:30pm *Peacemaking and Communicating Ethically*

Darius Lee Smith

Denver Anti-Discrimination Office

Darius tells his story of self-determination through his Navajo and African-American experience and how he facilitates the resolution of civil rights discrimination complaints by utilizing the Indigenous form of *Peacemaking*. He'll share how he uses motivational interviewing when working with the community and how ethical communication is the key to true dialogue.

4:00pm End

